

Growing Forward

INDUSTRY EXECUTIVES SHARE THE ACTIONS AND ADVICE THAT HAVE HELPED THEM MOST IN THEIR PERSONAL AND PROFESSIONAL DEVELOPMENT.

"I've experienced detours, speed bumps, red flags and brick walls throughout my life. The best advice I got was to remain curious about both my internal and external worlds—to dig deeper than the surface and search for the core. By tugging the threads of an interesting book, lecture or person, I was consistently led to new ideas, my passion and ultimately my calling. I remain curious about anything that brings me joy and inspiration and lights up my soul."

—**DR. ELISA HALLERMAN**

CEO and founder of Recovery Management Agency (RMA) and the author of Soulbricity: A Plan to Heal Your Trauma, Overcome Addiction and Reconnect With Your Soul



"The most transformative personal development principle in my life has been the power of belief. Understanding that our beliefs shape our reality has been pivotal. By nurturing positive beliefs about myself, my potential and the world around me, I've been able to manifest opportunities and overcome challenges. This principle teaches that what we focus on expands, and by choosing beliefs that empower and inspire, we can create a life of abundance, fulfillment and joy. Belief is the foundation upon which all other personal growth is built."

—**MARY MORRISSEY**

Author of Brave Thinking: The Art and Science of Creating a Life You Love and founder of the Brave Thinking Institute



"A piece of advice I live by is 'no guessing.' When you don't understand what someone is saying, don't guess what they mean. Ask more questions. For example, if a customer says, 'We need more strategy,' you might ask, 'What is your definition of strategy?'"

—**ELLEN CORRIGAN**

Chief Revenue Officer of Intero Digital



"Be curious. Keep learning new skills and know how to develop and use your creative judgment. Don't fear technology or any kind of disruption. Use it as an opportunity to improve yourself and deliver value in new ways."

—**LUDOVIC GOUGAT**

Regional President, West at RAPP

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